



Today's School : Managing Mental Health 101

Another shooting! Another suicide! Another student in crisis! Too much stress! How about educators in crisis? The growing incidence of mental health concerns in the schools can be overwhelming. Is this another area schools have to teach to? Educators aren't trained therapists after all! Learn about student and adult mental health issues (what they are, why they are, how to spot the signs of mental stress, and what educators should do to intervene,) as well as about local resources available to assist. Mental Health First Aide 101 and more.

TUESDAY, NOVEMBER 13 4:30—8 PM Olympic Uniserve Office, Poulsbo

26297 Twelve Trees Lane NW, Poulsbo (1/4 mile off Highway 3 & Pioneer Way, 4.5 miles south of the Hood Canal Bridge & 6.3 miles north of the Hwy 3 exits to Poulsbo)

Clock Hours Available

FREE

Dinner Provided (donations appreciated)

Preregistration requested: email dkgkitsap@yahoo.com

(please give name, phone #, e-mail address, school, district/business)

DKG will be collecting clothing items, gloves, socks, toiletries, etc. for homeless families; Raffle fundraiser